

HOLLY J. COMPTON

CHOOSING TRUE LIFE

30 Foundational Choices
for a Life *Transformed*

OFFICIAL PLAYLIST

Available
on Spotify



Choosing True Life: A 30-Choice Journey with a Soundtrack

What if your life could change...one choice at a time? This playlist is more than music—it's a companion to the journey of *Choosing True Life*. Each song is intentionally paired with one of 30 foundational choices that move you from: striving to surrender, confusion to clarity, brokenness to healing, fear to faith, ordinary to transformed. So don't shuffle. Let each song meet you where you are—and move you forward. Some songs will challenge you. Some will comfort you. Some may uncover things you didn't expect. That's the point. This isn't about perfection. It's about choosing—again and again—to walk with Jesus.

As you listen, ask yourself:

What is God inviting me into right now?

What do I need to release? What step is mine to take today?

Then, press play. Take the journey. Choose *True Life*.

***Introduction song: "O Come to the Altar" by Elevation Worship**

(This song is at the end of the Spotify playlist so that the song numbers above match each "choice.")

CHAPTER 1: JESUS

Choice #1 – What's In It For You?

"White Flag" by Chris Tomlin

Choice #2 – Life or Death?

"Running Back to You" by Seph Schlueter

Choice #3 – Who is Your Champion?

"You Make Everything Beautiful"
by for KING & COUNTRY

CHAPTER 2: LORD

Choice #4 – Self or Surrender?

"Lord I Need You" by Matt Maher

Choice #5 – Where is Your Home?

"Run to the Father" by Cody Carnes

Choice #6 – Out With the Old,
In With the New?

"Control" by Tenth Avenue North

CHAPTER 3: OBEY

Choice #7 – Blessed or Stressed?

"Trust in You" by Lauren Daigle

Choice #8 – Listen AND Obey?

"Oceans" by Hillsong UNITED

Choice #9 – Your Body or His Temple?

"Build a Boat" by Colton Dixon

CHAPTER 4: WORDS

Choice #10 – Study

Choice #11 – Pray

Choice #12 – Speak Life

“Word of God Speak” by MercyMe

“The More I Seek You” by Gateway Worship

“I Speak Jesus” by Here be Lions, Darlene Zschech

CHAPTER 5: HOLY SPIRIT

Choice #13 – Will You Follow?

Choice #14 – Know the Holy Spirit

Choice #15 – Grace vs Giving Up

“Different” by Micah Tyler

“Holy Spirit” by Francesca Battistelli

“Goodness of God” by CeCe Winans

CHAPTER 6: IDENTITY

Choice #16 – True or False

Choice #17 – Your Path or His

“The Truth” by Megan Woods

“Made for More” by Josh Baldwin

CHAPTER 7: SATAN

Choice #18 – Broken or Embattled?

Choice #19 – Past or Present?

“Take It All Back” by Tauren Wells

“Hard Fought Hallelujah” by Brandon Lake & Jelly Roll

CHAPTER 8: HOPE

Choice #20 – Hope AND Wait?

Choice #21 – Attitude or Gratitude?

Choice #22 – Pain or Purpose?

“Believe For It” by CeCe Winans

“Gratitude” by Brandon Lake

“Raise a Hallelujah” by Bethel Music

CHAPTER 9: HEALING

Choice #23 – Fraught or Free?

Choice #24 – Bitter or Better?

Choice #25 – Fear or Faith?

“Left It in the River” by Jamie MacDonald

“Death Was Arrested” by North Point Worship

“Battle Belongs” by Phil Whickham

CHAPTER 10: COMMUNITY

Choice #26 – Alone or Along?

Choice #27 – Foe or Friend?

Choice #28 – Quiet or Quickened?

“Church (Take Me Back)” by Cochren & Co.

“This is What We Live For” by Big Daddy Weave

“God Is On The Move” by 7eventh Time Down

CHAPTER 11: TRUST

Choice #29 – Trying or Trusting?

Choice #30 – Big or Bigger?

“Trust in God” by Elevation Worship

“You’ve Already Won” by Shane & Shane